



Jeff Dye, Lead Pastor
January 12, 2025

Scripture References: *Ephesians 4:15; Hebrews 6:1; Psalm 92:12-14; Psalm 119:105; Isaiah 55:8-9; Psalm 55:16-17; Psalm 34:17; Jeremiah 29:12; Proverbs 15:8; Psalm 149:4; Matthew 6:9-13*

Main Idea of Series: Our _____ bear the _____ of the habits we _____ follow.

Habit #1: Establish a healthy foundation

Foundational Element #1 – _____ yourself in God's _____.

- Truth #1 – _____ requires _____.
- Truth #2 – Spiritual _____ is a _____ process.

Three things happen when we regularly spend time with God and His Word:

A) God _____ your _____.

B) God offers _____ for your _____.

C) God _____ your way of _____.

Foundational Element #2 – Commit to _____ and _____.

Key Truth: You learn to _____ by _____.

Three truths about prayer:

- Truth #1 – God _____ our prayers.
- Truth #2 – God _____ in our prayers.
- Truth #3 – All prayer is either _____ or _____ God.

Three Steps to Establishing This Foundation in Your Life

- Step 1: _____ this above _____ else.
- Step 2: Commit to _____ time _____.
- Step 3: _____ where you are and keep _____.